

**YOUR SCHOOL (8<sup>th</sup>) –Sierra Adventure Program  
October 3-5, 2007**

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**Wednesday: 10/3**

9:20 a.m. Depart for Sierra Adventure Program (**with sack lunches**)  
10:00 Arrive at SOS - Hike to base camp  
11:00 Base Camp - orientation and tent assignments  
11:30 LUNCH  
**1:00 HIGH ROPES & CLIMBING WALL – A / B (2 equal groups)**  
**3:10 HIGH ROPES AND CLIMBING WALL GROUPS SWITCH**  
5:30 Break  
6:00 Dinner- at SOS picnic area  
**7:00 NIGHT HIKE – A / B**  
**8:00** Rotation: Showers (5 students 7 min/each) / Journal Writing / Free-time  
10:00 Lights out

**Thursday: 10/4**

6:45 Rise and shine  
7:30 Breakfast (**LUNCH OUT**)  
8:15 Depart for Pinecrest  
**9:30 KAYAK HIKE INITIATIVES**  
 $\frac{1}{2}$  A  $\frac{1}{2}$  A B  
**10:45 KAYAK & HIKE GROUPS SWITCH**  
12:00 LUNCH  
**12:45 KAYAK HIKE INITIATIVES**  
 $\frac{1}{2}$  B  $\frac{1}{2}$  B A  
**2:00 KAYAK & HIKE GROUPS SWITCH**  
3:15 Load gear & depart for SOS  
4:30 Break  
5:00 Dinner- at SOS picnic area  
**5:45 STORE OPEN**  
6:30 Transfer Luggage/ Clean Base Camp  
7:15 Rotation: Showers (5 students, 7 min/each) / Journal Writing / Free-time  
**8:00 STAR WATCH**  
**9:00 CAMPFIRE-** Your school supervises / SOS provides snack  
10:00 Lights out

**Friday: 10/5**

6:45 Rise and shine  
7:30 Breakfast (**LUNCH HOME**)  
8:15 Clean Base Camp (**8:45 Inspection/** Check-out by SOS staff)  
**9:15 LOW ROPES – 3 EQUAL GROUPS**  
12:30 Lunch – at SOS picnic area  
1:00 Depart for Your School  
1:30 Arrive in Your School